

# Yoga Australia and Health Funds

For more comprehensive information of the Health Funds available please visit [yogaaustralia.org.au/about-us/health-funds/](http://yogaaustralia.org.au/about-us/health-funds/)

Fund Name	What are the requirements of the Yoga Teacher?	What are the requirements of the Yoga Student?	National or State only Fund
<b>AHM Health Insurance</b> ahm.com.au	An official receipt must be provided.	AHM members with an eligible level of cover and who have served the relevant waiting periods may claim for yoga classes when a medical practitioner refers them to yoga to address a specific health condition.	National
<b>Australian Unity</b> australianunity.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	A Health Management Form completed by a GP, Physio or Chiro is to be provided to the Fund.	National
<b>CBHS Corporate Health</b> cbhscorporatehealth.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	A Health Management Form completed by a GP, Physio or Chiro is to be provided to the Fund.	National
<b>CBHS Health Fund</b> cbhs.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	A Health Management Form completed by a GP, Physio or Chiro is to be provided to the Fund.	National
<b>CUA</b> cua.com.au	An official receipt must be provided.	A Health Management Approval Form completed by a GP is to be provided to the Fund.	National
<b>Doctors' Health Fund</b> doctorshealthfund.com.au	Rebates are not provided specifically for yoga classes however they are provided for Gym Membership. To obtain a rebate for Gym Membership, yoga teachers must be delivering yoga in a Gym registered with Fitness Australia.	A Health Management Program Form completed by a GP is to be provided to the Fund.	National
<b>GMF Health</b> gmfhealth.com.au/	Now part of HBF Health Insurance. Please refer to HBF.	Now part of HBF Health Insurance. Please refer to HBF.	National
<b>GU Health</b> guhealth.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	A Health Management Form completed by a GP, Physio or Chiro is to be provided to the Fund.	National
<b>HBF</b> hbf.com.au	"HBF provides a rebate for eight yoga sessions when completed within a three month period. An official receipt with your HBF Provider Number and dates of sessions that the student attended must be provided."	Eight yoga sessions must be attended within a three month period.	National
<b>HCF</b> hcf.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	"HCF members with an eligible level of cover and who have served the relevant waiting periods may claim for yoga classes when a medical practitioner refers them to yoga to address a specific health condition. To make a claim, complete an Exercise and gym benefits authorisation claim form from: <a href="http://www.hcf.com.au/pdf/Exercise_Gym_Form.pdf">www.hcf.com.au/pdf/Exercise_Gym_Form.pdf</a> and submit a receipt. "	National
<b>Health Insurance Fund of Australia Limited</b> hif.com.au	Must be Registered with Yoga Australia.	A Health Management Form completed by a GP is to be provided to the Fund.	National
<b>Health Partners AHSA</b> healthpartners.com.au/Rnew	Must be Registered with Yoga Australia.	A Health Management Form completed by a GP is to be provided to the Fund.	National

"Please note that Yoga Australia works with HealthFunds to provide up-to-date information in this table. Information may be subject to change, and Yoga Australia recommends that yoga students contact Health Funds directly for the most current rebate information available. Table current as of September 2017."



Fund Name	What are the requirements of the Yoga Teacher?	What are the requirements of the Yoga Student?	National or State only Fund
<b>Health.com.au</b> health.com.au	An official receipt with your Yoga Australia registered teacher membership number must be provided.	A Health Management Claim Form completed by a GP is to be provided to the Fund. The form is kept on file for 12 months then needs to be renewed.	National
<b>Mildura Health Fund</b> mildurahealthfund.com.au	An official receipt with the clients names, dates of sessions that the student attended and description of the services provided (e.g. yoga classes) must be provided.	The program must be approved by a GP and be to treat a medical condition.	National
<b>NIB</b> nib.com.au	An official receipt with your Yoga Australia registered teacher membership number and NIB registration number must be provided.	A Health Management Program completed by a GP, Physio or Chiro is to be provided to the Fund.	National
<b>Nurses &amp; Midwives Health</b> nmhealth.com.au	An official receipt must be provided.	Student must have been referred to yoga by a GP/Physio/Chiro to ameliorate a specific medical condition.	National
<b>One Medi Fund (National Health Benefits Australia)</b> onemedifund.com.au	An official receipt with the clients date of birth, teacher's name and teacher's business name must be provided.	Student must a referral to yoga from an allied health professional to assist with a specific health issue. Please note pregnancy is not a health issue.	National
<b>Peoplecare</b> peoplecare.com.au	An official receipt with the client's date of birth, teacher's name and teacher's business name must be provided.	Student must a referral to yoga from an allied health professional to assist with a specific health issue. Please note pregnancy is not a health issue.	National
<b>Phoenix Health Fund</b> phoenixhealthfund.com.au	An official receipt must be provided.	A Health Lifestyle Treatment Plan completed by a GP is to be provided to the Fund.	National
<b>Queensland Country Health Fund</b> qldcountryhealth.com.au	An official receipt with your ABN and Yoga Australia registered teacher membership number must be provided.	Student must a referral to yoga from a health care professional to assist with a specific health issue. - Approval form	Qld & NT
<b>Railway and Transport Health Fund Limited AHSA</b> rthealthfund.com.au	Rebates are not provided specifically for yoga classes however they are provided for Gym Membership. To obtain a rebate for Gym Membership, yoga teachers must be delivering yoga in a Gym registered with Fitness Australia.	Student must have a referral to the Gym from a GP.	National
<b>Reserve Bank Health Society</b> myrbhs.com.au/	An official receipt with the client's date of birth, teacher's name and teacher's business name must be provided.	Student must a referral to yoga from an allied health professional to assist with a specific health issue. Please note pregnancy is not a health issue.	National
<b>Teachers Health</b> teachershealth.com.au/	An official receipt with your Yoga Australia registered teacher membership number, ABN, address and description of the services provided (e.g. yoga classes) must be provided.	"A Health Lifesyle Form from a GP/Physio/Chiro completed by a GP, Physio or Chiro confirming that attending yoga classes will help prevent or ameliorate a specific medical condition is to be provided to the Fund." "	National
<b>Transport Health</b> transporthealth.com.au/	An official receipt with the name of your client must be provided.		National
<b>TUH Health Fund</b> tuh.com.au/	An official receipt with your Yoga Australia registered teacher membership number and ABN must be provided.	TUH members with an eligible level of cover and who have served the relevant waiting periods may claim for yoga classes when a medical practitioner refers them to yoga to address a specific health condition.	National
<b>Westfund Health Insurance</b> westfund.com.au/	An official receipt with your Yoga Australia registered teacher membership number and the dates of the classes attended must be provided.	A Health Management Program completed by a GP is to be provided to the Fund.	National